

Name _____

Date _____

Dental Health Curriculum – Use of Mouthguards QUIZ

CIRCLE THE CORRECT ANSWER

1. In high schools, mouthguards are most widely used in which contact sport?
 - a. soccer
 - b. football
 - c. basketball
 - d. field hockey
2. An avulsion is:
 - a. the fracture of the jaw
 - b. a broken tooth
 - c. the separation of the tooth from the jaw bone
 - d. the separation of the upper and lower jaw bones
3. The best type of mouthguard that a person can use is:
 - a. stock or pre-formed
 - b. custom made
 - c. mouth-formed (“boil and bite” style)
 - d. no answers are correct
4. Soft tissue injuries may occur to the:
 - a. lips
 - b. cheeks
 - c. tongue
 - d. all of the above
5. Injuries to the front teeth occur in ____ percent of Americans between the ages of 6 and 50.
 - a. 1 percent
 - b. 10 percent
 - c. 99 percent
 - d. 25 percent
6. Mouthguards would decrease oral injuries in:
 - a. soccer
 - b. baseball
 - c. basketball
 - d. all of the above
7. Mouthguards decrease the chance of this serious sports-related injury:
 - a. heart attack
 - b. athlete’s foot
 - c. concussion or brain injury
 - d. dental caries
8. How many dental injuries will occur this year in the United States?
 - a. 10 million
 - b. 1 million
 - c. 250 million
 - d. none of the above
9. Trauma from contact sports can cause injury to these hard tissues in the mouth:
 - a. teeth
 - b. bones
 - c. joints
 - d. all of the above
10. Since 1960, the use of mouthguards in football has decreased injuries to the mouth from 50 percent to:
 - a. .5 percent
 - b. 30 percent
 - c. 10 percent
 - d. 45 percent

**Dental Health Education Curriculum
Middle School
Quiz
Use of Mouthguards
Answers**

1. B
2. C
3. B
4. D
5. D
6. D
7. C
8. A
9. D
10. A