

MyHumana

Register now at **Humana.com**

Find your personalized health and benefits information in one place – MyHumana.

As a Humana member, you have a password-protected, personal page on **Humana.com** called MyHumana. With MyHumana, you can get answers to questions about your health plan at your convenience, 24 hours a day. And you can find health information, from common drug interactions to heart-healthy recipes, with just a few mouse clicks. You can even give other adults on the same policy permission to access your page ... or other family members can give you permission to access their page. This is a great tool for families with one spouse primarily responsible for healthcare decision-making and recordkeeping, or for families that share the responsibility.

Some of the things you can do on MyHumana:

- Look up participating doctors, hospitals, pharmacies, and other medical facilities
- Review your health plan benefits
- See if a claim's been paid and how much of the cost you're responsible for, if any
- Use financial tools to see how much you're spending on healthcare and how much a certain procedure or drug will cost
- Use health resources to find out about medications, medical procedures, tests, treatments, and conditions
- Get discounts on over-the-counter medicines, complementary and alternative medicine, and other health and wellness products

Registering is easy

- Have your Humana member card ready
- Go to **Humana.com**
- Click on "Members" – the first block on the left, halfway down your screen
- Click on "Register today" – on the right, directly under the blue log-in block
- Fill in the member ID number from your card, your birth date, your ZIP Code, and your e-mail address – and if you want to, tell us how you found out about MyHumana
- Click on "Next" – at the bottom on the right
- Create a User ID and password and click "Next" again to finish

Now, how easy was that? You're all set – jump in and start exploring right now!

You don't have to wait for health and benefits guidance – you can get it right away with MyHumana.



HUMANA
Guidance when you need it most